

## Tanya Fox — CEO

I had the absolute pleasure of spending a few days with the executive and senior management team this week. As I have looked around the industry over the years, I was always inspired and somewhat envious of the strong and passionate people that were out there. It really came to light for me this week, that all the hard work over the past 20 years, and the time and effort that was put into networking and building relationships, has really paid off. Many of those strong and passionate people are now part of the Brighter Access team.

We have an amazing group of people leading our organisation and the way they spoke about their teams; the belief they have in all of you as support workers to make a difference in the world of people with disability brings me such joy. When asked what they need to move forward, their highest priorities all related to improving and building greater support for our support workers.

I want all of our support workers to know that you are our greatest asset, you are the key to everything we do and our priorities will focus on how we make things better for you on the ground. You are valued and we thank you.



From left to right- Michael Lott, Matt Old, Joe Holahan, Anna Cloake, Brad Hilton, Charmaine Alley, Warren Sullivan, Tanya Fox, Lisa Fulton, Chris MacAlpine, Olivia Trigg, Rebecca Burch and April Dowd.

*Take care, Tanya.*

## Lisa Fulton—General Manager Operations

With the easing of COVID-19 restrictions the Brighter Access ops team had an amazing opportunity to come together this week. With open discussion we were able to develop and create a road map based on strengthening and developing our team.

This will include many inspired business opportunities that will provide us with the required tools to support our teams and, of course, our participants well. Keep an eye out on our future newsletters to stay up to date as this road map is implemented.



Our support workers in Port Macquarie showed their appreciation for Operations and Business Development Manager Anna Cloake this week with some beautiful, bright flowers.



**WORLD  
MENTAL  
HEALTH  
DAY**  
OCTOBER 10

## Brad Hilton—General Manager Corporate Services

World Mental Health Day, held on October 10 each year, provides an opportunity to create awareness around Mental Health issues and break the stigma around a sometimes difficult topic. Especially now, with the COVID-19 pandemic, we face many challenges in our lives that can impact on our wellbeing. Our Employee Assistance Program (EAP) has great resources and tools to help you through any struggle you may currently face- be it social, personal or financial. Through the program, you can access wellness apps covering a range of topics. These include: Financial management, exercise, meditation and short videos on health-related topics. You will also have access to qualified counsellors available to talk about your specific situation confidentially. The EAP Assist website link is: [www.eapassist.com.au](http://www.eapassist.com.au)

Telephone counselling is also available from 9am to 5pm, Monday to Friday AEST or 24/7 by requesting a preferred call back time via the dedicated Helpline number 0407 086 000 or text, or use the online booking form on the EAP website.